3 MILE ROUTE
1. Run North on 5th Avenue toward the Space Needle.
2. Turn left on Wall Street.
3. Follow Wall St. to Alaskan Way, and then turn right.
5. Turn right and run north.
6. Enter Myrtle Edwards Park and run along the walking path on the right.
7. Run along the waterfront path to the yellow sign across from the Seattle PI building with the large globe on top.
8. Retrace your steps back to the hotel.

5 MILE ROUTE
1. Follow steps 1-6 above.
2. At the PI building, continue north along the path.
3. Continue north past the Elliot fishing pier entrance, restrooms, and the Happy Hooker Bait Shop.
4. Follow the path to the end of the park and continue approximately 1/10th mile to the sharp right bend in the path in front of pier C-175.
5. Retrace your steps back to the hotel.

Disclaimer notice: as a courtesy to our guests the attached running/walking course map identifies distances and routes created by using an independent outside mapping source. This map was not created by the hotel. The identified routes are on city public streets and ways. As the hotel has no direct or indirect control over public areas we urge you to use common sense for your own safety and security. The hotel in no way guarantees the safety or condition of the identified routes. Use of this map is at your own risk. Please observe all rules and posted signs and warnings, including traffic signals.